

Intek Batch (Connectionless) Steamer

Menu: Items & Results



Vegetables:

Fresh, Frozen & Canned

Artichokes
Asparagus
Beans, Black
Beans, Green
Beans, Lima
Beans, Navy
Beets
Broccoli
Brussel Sprouts
Cabbage
Carrots
Cauliflower
Corn (Loose & on the Cob)
Eggplant
Mushrooms
Onions
Peas
Peppers (Whole & Stuffed)
Potatoes, Au Gratin
Potatoes, Baked
Potatoes, Boiled
Potatoes, Scalloped
Potatoes, Sweet
Potato Salad
Spinach
Squash
Tomatoes (Whole & Stuffed)
Turnips
Zucchini

Fruit

Apples
Apricots
Grapefruit
Peaches
Pie Filling

Pasta

Elbows
Fettuccine, Spaghetti, etc.
Shells

Eggs

In or Out of Shell
Boiled (Hard & Soft)
Omelets
Poached
Scrambled

Beef

Brisket
Corned Beef & Cabbage
Chili
Calves Liver
Filet Mignon
Goulash
Hamburgers
Hot Dogs
London Broil
Meatballs
Meatloaf
Meat Sauce
Pot Roast
Prime Rib
Ribs (Steamed & BBQ)
Sloppy Joes
Stews
Stroganoff

Veal

Cordon Bleu
Marsala
Parmesan

Pork

Barbeque
Chops
Ham
Ham Loaf
Kielbasa
Sausage
Short Ribs
Spare Ribs
Scrapple

Fowl

Chicken
Chicken & Dumplings
Chicken Liver
Cornish Hens
Kiev
Quail
Turkey (Whole & Sliced)
Turkey Roll
Turkey Tetrazzini

Lamb

Braised Shank
Curry
Kabobs
Riblets

Cereals

Cream of Wheat
Hominy Grits
Oatmeal

Greek

Dolmathes
Moussaka
Pasticio

Oriental

Chop Suey
Chow Mein
Fried Rice
White Rice
Soups

Mexican

Burritos
Enchiladas
Paeila
Refried Beans
Tacos
Tamales

Desserts

Custards
Cobblers
Fudge Brownies
Gingerbread
Pudding

Rethermalization

Casseroles
Freshens Breads & Rolls
Frozen Entrees
Mashed Potatoes
Melts Butter
Refrigerated Entrees

Contact your Groen representative for guidance in the seafood category.

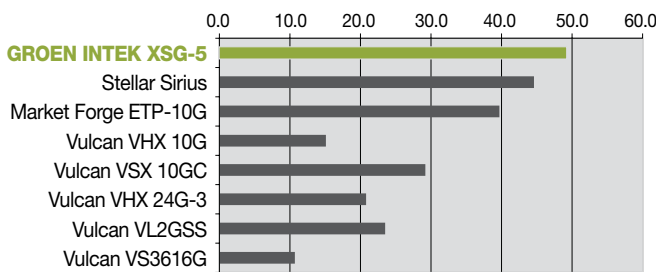
This list is just an example of the many things that can be cooked in the Groen Intek steamer!

INTEK®

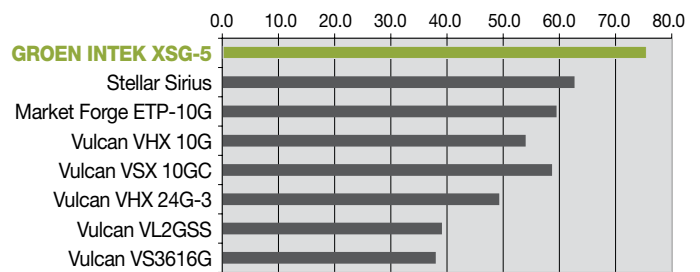
PG&E Test Results Full Load Frozen Peas & Red Potatoes, Gas Steamers

	ENERGY STAR® RATED	PANS	COMPARTMENTS	MEASURED INPUT (BTU)	PREHEAT TIME	IDLE RATE	HEAVY LOAD POTATOES			HEAVY LOAD FROZEN PEAS		
							TIME	EFFICIENCY	H2O	TIME	EFFICIENCY	H2O
Groen Intek XSG-5	Yes	5	1	65,000	<10	6,900.0	24.9	49.1	<1.5	16.0	75.5	<1.5
Stellar Sirius	Yes	6	1	25,305	19.6	1,176.0	34.2	44.6	<3	55.1	62.7	<3
Market Forge ETP-10G	Yes	10	2	82,226	20.8	5,694.0	26.5	39.7	7.8	30.1	59.5	7.8
Vulcan VHX 10G	No	10	2	188,000	16.0	11,600.0	19.3	15.1	150.7	12.7	54.0	35.7
Vulcan VSX 10GC	No	10	2	88,990	10.7	4,460.0	21.2	29.2	90.8	24.4	58.7	91.7
Vulcan VHX 24G-3	No	6	2	272,900	8.7	11,640.0	23.3	20.8	31.4	23.0	49.3	10.4
Vulcan VL2GSS	No	16	2	235,000	12.7	11,346.0	25.6	23.5	5.2	29.0	39.1	8.9
Vulcan VS3616G	No	16	2	305,000	11.1	16,020.0	24.3	10.7	120.9	18.0	38.0	71.6

HEAVY LOAD POTATOES EFFICIENCY

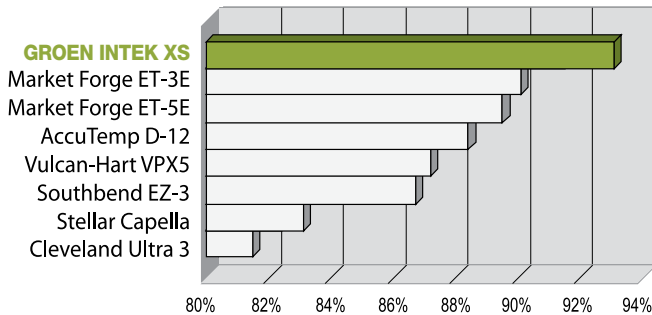


HEAVY LOAD FROZEN PEAS EFFICIENCY

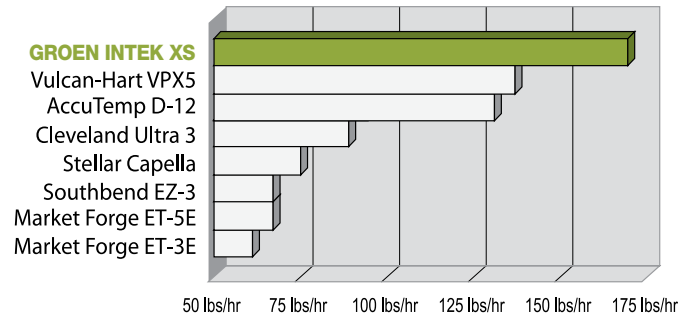


PG&E Test Results Full Load Frozen Peas, Electric Steamers

ENERGY EFFICIENCY



PRODUCTION RATE



1 FSTC Report 5011.04.10 4 FSTC Report 5011.03.23
 2 FSTC Report 5011.01.02 5 FSTC Report 5011.95.23
 3 FSTC Report 5011.03.02 6 FSTC Report 5011.00.84

7 FSTC Report 5011.01.94 10 FSTC Report 5011.01.99
 8 FSTC Report 5011.99.83
 9 FSTC Report 5011.01.98

Operational Cost Per Compartment

	BOILER-BASED STEAMER	CONNECTIONLESS STEAMER
Water	\$1,944	\$7
Energy	\$4,717	\$571
TOTAL	\$6,661	\$578
YEARLY SAVINGS	\$6,083	

The information in this table is based on data generated by Fisher-Nickel, Inc and the Food Service Technology Center - MWD ICP: Evaluating the Water Savings Potential of Commercial Connectionless Steamers - Agreement No. 55354-Final Report